

MX70-100™ UPGRADABLE DUMBBELL SYSTEM

Includes a Pair of Dumbbells, 28 x Weight Plates & Cradles

CONTOURED TEXTURED HANDLES

MX70-100 Rapid Change Dumbbell System features our unique MX SELECT patented rack-and-pinion design with a secure, Positive Lock System. Dial up your weight selection – lock it in – and train with absolute certainty.

The **MX70-100CR** Rapid Change Dumbbell System with Contoured Textured Handles has a total weight of 70 lbs (32.2 kg) per dumbbell. The handles, contoured to perfectly fit the hand, are complete with a textured surface for ultimate comfort and grip.

With the **MX70-100** dumbbell in the cradle, you can easily select between 7 weight settings, or add our optional Magnetic Increment Plates to increase the selection to 14 levels. Adding the optional 12 plate upgrade kit [MXP12-60] increases primary settings to 10 levels, or 20 levels with the Magnetic Increment Plates included.

Optional Accessories:

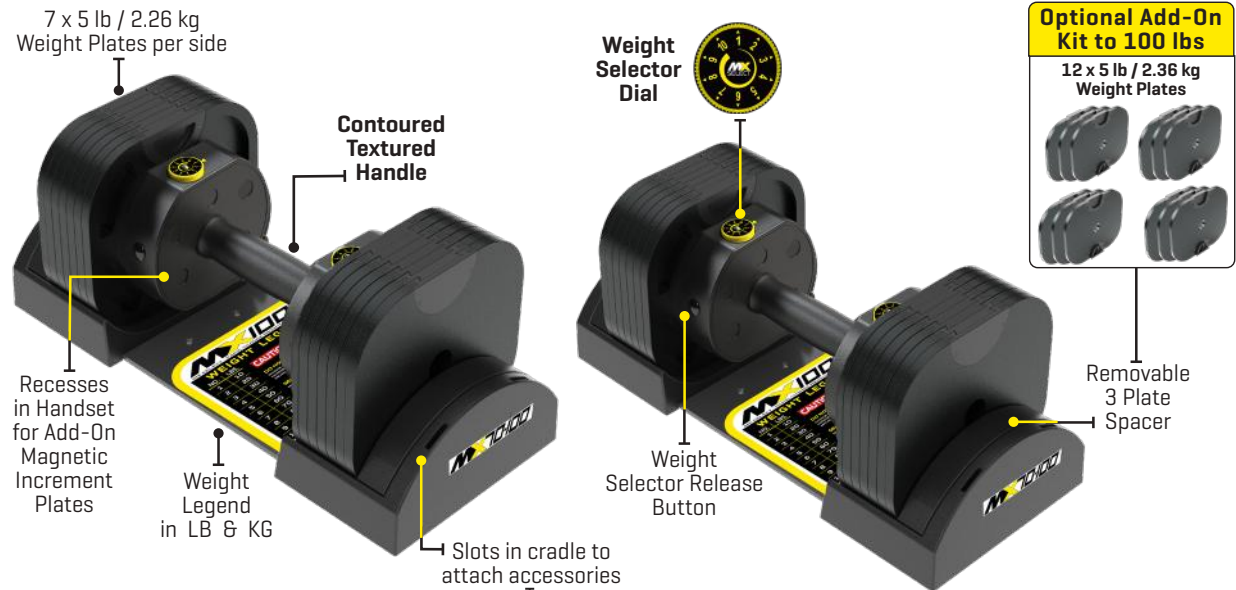
MXP12-60 - Upgrade MX70-100 to 100 lbs (45.4 kg) per dumbbell.

MXIW2.5 - Magnetic Incremental Weight Plates 4 x 2.5 lb (1.13kg), holder slots into the MX cradle and doubles available weight selections.

MXWS - MX Dumbbell Stand elevates the dumbbells for further ease of use.

MXB - MX Adjustable Bench provides additional training options.

MXP - MX Dumbbell Impact Placement Pads.



Optional Add-On Accessories - Attachable Magnetic Increment Weight Plates

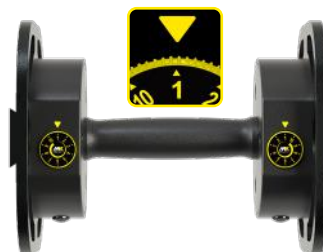
4 x 2.5 lb / 1.13 kg & 2 Holders. 4 x Magnets to secure to handset.



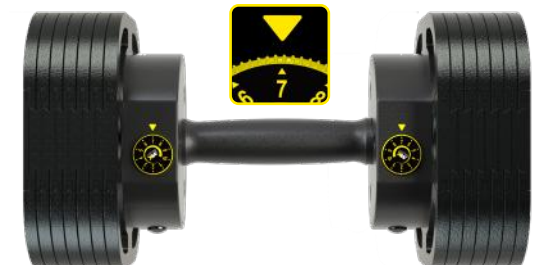
MX70-100 - MIN Weight 10 lb / 5.9 kg

WEIGHT LEGEND

MX70-100 - MAX Weight 70 lb / 32.2 kg



WEIGHT LEGEND			
NO.	LBS.	KG.	NO.
1	10	5.9	1
2	20	10.3	2
3	30	14.7	3
4	40	19.0	4
5	50	23.4	5
6	60	27.8	6
7	70	32.2	7
8	80	36.6	8
9	90	41.0	9
10	100	45.4	10



MX70-100 UPGRADABLE DUMBBELL SYSTEM

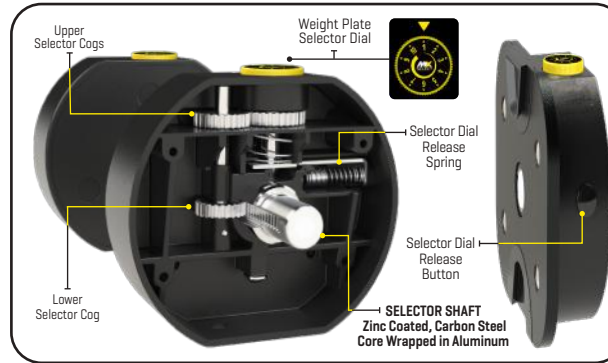
CONTOURED TEXTURED HANDLES

SPECIFICATIONS & DIMENSIONS

PRODUCT MODEL NO	✦ MX70-100CR-LB	✦ MX70-100CR-KG
DUMBBELL SYSTEM WEIGHT RANGE	✦ 10-70 lbs in 10 lb increments	✦ 5.9-32.2 kg in 5.9 kg increments
DUMBBELL LENGTH - MINIMUM WEIGHT	✦ 10.58" - MIN 10 lbs	✦ 24.3 cm - MIN 5.9 kg
DUMBBELL LENGTH - MAXIMUM WEIGHT	✦ 14.66" - MAX 70 lbs	✦ 37.2 cm - MAX 32.2 kg
HANDLE DIMENSION - GRIP LENGTH / DIAMETER	✦ 5.98" / 1.12"	✦ 15.2 cm / 2.9 cm
FOOTPRINT - PAIR OF DUMBBELLS	✦ 18.70" L x 16.34" W x 8.27" H	✦ 47.5 cm L x 41.5 cm W x 21 cm H
TOTAL WEIGHT - PAIR OF DUMBBELLS & CRADLES	✦ 159.47 lbs	✦ 72.4 kg

MATERIALS

DUMBBELL BODY	✦ Steel
DUMBBELL GRIP	✦ Contoured Textured Rubber Handle
WEIGHT PLATES	✦ Powder Coated Steel
HANDSET MECHANISM	✦ Steel and ABS
WEIGHT CRADLE	✦ Polyamide Nylon



MX70-100 DUMBBELLS	Box per Unit	Length mm	Width mm	Height mm	Nett Kg	Gross Kg	Cubic Meters	Length Inches	Width Inches	Height Inches	Nett Lb	Gross Lb	Cubic Foot
	BOX 1 BOX 2	485	275	290	36.2	37.2	0.039	19.09	10.83	11.42	79.82	82.11	1.37



MAGNETIC INCREMENT PLATES & HOLDERS



MXP PLACEMENT PADS



MXSW DUMBBELL STAND



MX ADJUSTABLE BENCH



MX125 DUAL BARBELL SYSTEM WITH MXDSK DUMBBELL RACK

