

MX SELECT

RAPID CHANGE WEIGHT SYSTEMS

MX30™ DUMBBELL SYSTEM

The MX30 Rapid Change Dumbbell System features our unique MX Select patented rack & pinion selection system: compact size, balanced feel and totally secure.

With the MX30 Dumbbell cradled you select the weight from 7.5-30 lbs [3.4-13.9 kg] at the turn of a dial. The selected weight level is locked into place as soon as the selector dial is pushed home.

The MX Select antimicrobial contoured handle offers surface protection against bacteria, mould & mildew, and other hazardous microbes.

One pair of MX30 Dumbbells replaces a 10-pair dumbbell set, taking up only one-tenth of the space. Safe, convenient, accurate and space-efficient, the MX30 Rapid Change Dumbbell System is a perfect addition to any home workout area.

The optional MX Dumbbell Stand elevates the Dumbbells to provide the sleek look of a professional training studio.

There is also an optional MX Select Adjustable Training Bench to further enhance your training space.

Includes a Pair of Dumbbells, Weight Plates & Cradles



MX30 - MIN Weight 7.5 lb / 3.4 kg



Weight Legend

| MX30 WEIGHT LEGEND | | | |
|--------------------|------|-----|------|
| NO. | LBS. | NO. | KGS. |
| 1 | 7.5 | 1 | 3.4 |
| 2 | 10 | 2 | 4.5 |
| 3 | 12.5 | 3 | 5.7 |
| 4 | 15 | 4 | 6.8 |
| 5 | 17.5 | 5 | 7.9 |
| 6 | 20 | 6 | 9.1 |
| 7 | 22.5 | 7 | 10.2 |
| 8 | 25 | 8 | 11.3 |
| 9 | 27.5 | 9 | 12.5 |
| 10 | 30 | 10 | 13.9 |

CAUTION
DO NOT DROP! DUMBBELL HAS REMOVABLE HANDLE COMPONENTS AND WILL DEFORM IF DROPPED.
SELECTOR DIAL MUST BE DEPRESSED TO LOCK WEIGHT IN PLACE BEFORE USAGE.
www.mxselect.com

MX30 - MAX Weight 30 lb / 13.9 kg



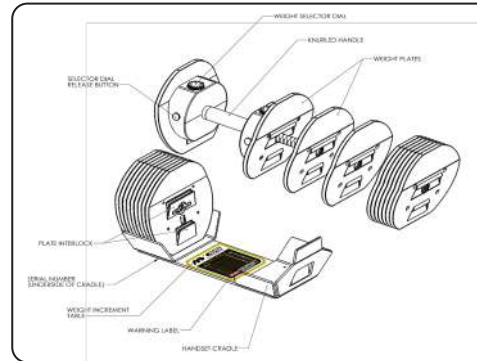
* Antimicrobial properties built-in to the contoured dumbbell grip offer surface protection against bacteria, mould & mildew and other hazardous microbes.

SPECIFICATIONS & DIMENSIONS

| | | |
|---|-----------------------------------|-------------------------------------|
| DUMBBELL SYSTEM WEIGHT RANGE | + 7.5-30 lbs in 2.5 lb increments | + 3.4-13.9 kg in 1.12 kg increments |
| DUMBBELL LENGTH - MINIMUM WEIGHT | + 9.58" - MIN 7.5 lbs | + 24.3cm - MIN 3.4 kg |
| DUMBBELL LENGTH - MAXIMUM WEIGHT | + 15.94" - MAX 30 lbs | + 40.5cm - MAX 13.9 kg |
| HANDLE DIMENSIONS | + Grip Length 5.31" 13.5 cm | + Grip Diameter 1.29" 3.27 cm |
| FOOTPRINT - PAIR OF DUMBBELLS | + 15.7" L x 12.9" W x 6.6" H | + 40.1 cm L x 32.8 cm W x 16.9 cm H |
| TOTAL WEIGHT - PAIR OF DUMBBELL & CRADLE | + 66 lbs | + 29.9 kg |

MATERIALS

| | |
|---------------------------------|-----------------------------------|
| DUMBBELL BODY | + Steel |
| DUMBBELL GRIP | + Antimicrobial Contoured Grips |
| WEIGHT PLATES | + Steel Coated in Polyanide Nylon |
| HANDSET MECHANISM | + Steel and ABS |
| WEIGHT RACK & CRADLE | + Powder Coated Steel |



OPTIONAL - MX DUMBBELL STAND



OPTIONAL - MX BARBELL SYSTEM

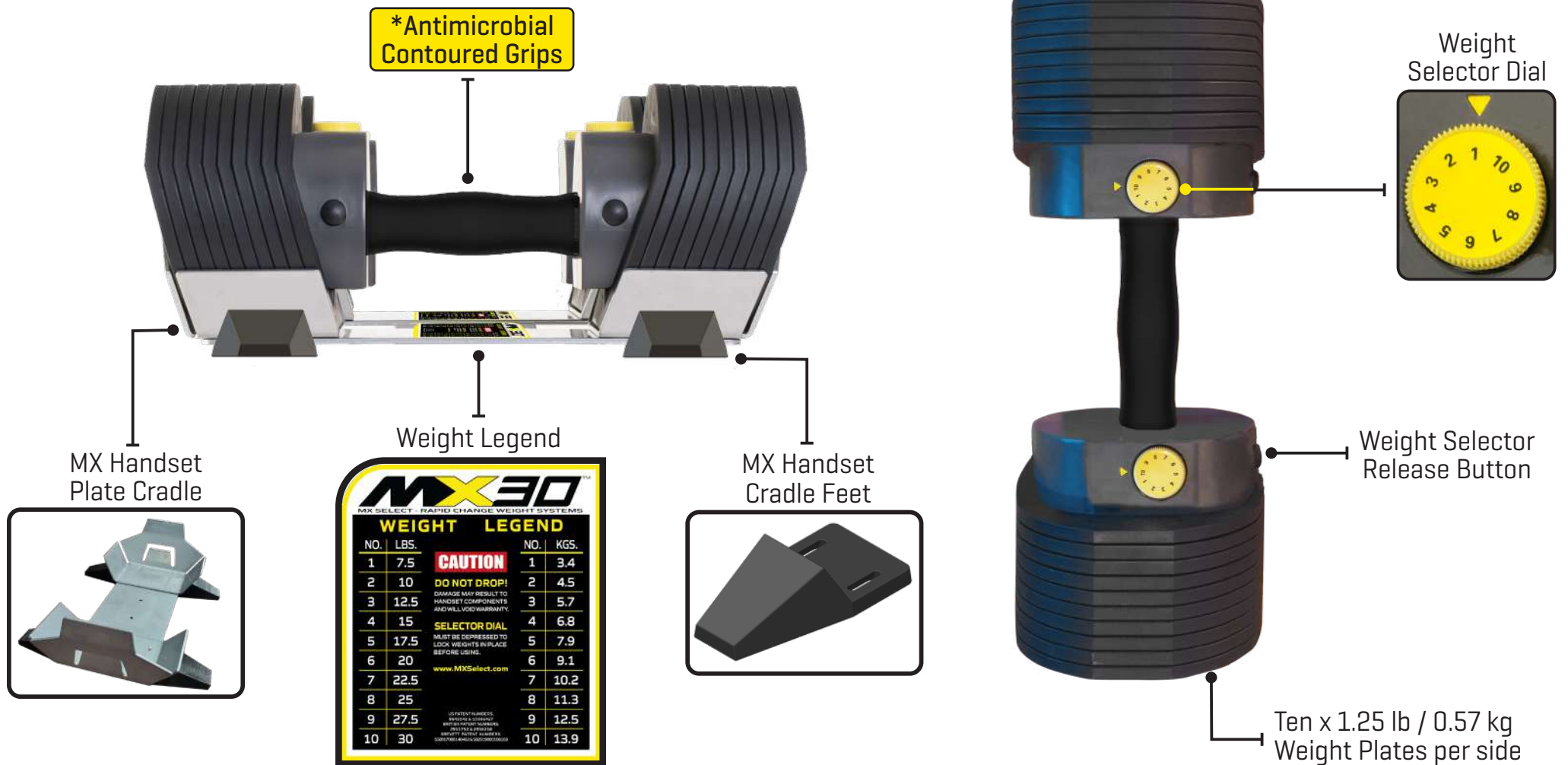


OPTIONAL - MX SELECT ADJUSTABLE TRAINING BENCH



| MX30 DUMBBELLS | Box per Unit | Length mm | Width mm | Height mm | Nett Kg | Gross Kg | Cubic Meters | Length Inches | Width Inches | Height Inches | Nett Lb | Gross Lb | Cubic Foot |
|----------------|--------------|-----------|----------|-----------|---------|----------|--------------|---------------|--------------|---------------|---------|----------|------------|
| | BOX 1 | 500 | 275 | 275 | 27.2 | 29.9 | 0.078 | 19.62 | 10.8.2 | 10.82 | 60 | 66 | 1.59 |
| | BOX 2 | | | | | | | | | | | | |





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