

# MX SELECT

## RAPID CHANGE WEIGHT SYSTEMS

# MX85 DUMBBELL SYSTEM

Includes a Pair of Dumbbells, Weight Plates & Cradles

The MX85 Rapid Change Dumbbell System features our unique MX Select patented rack & pinion selection system: compact size, balanced feel and totally secure.

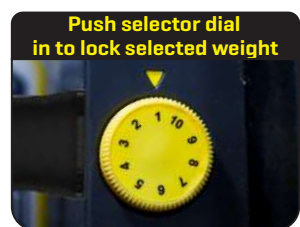
With the MX85 Dumbbell cradled you select the weight from 12.5-85 lbs [5.6-38.6 kg] at the turn of a dial. The selected weight level is locked into place as soon as the selector dial is pushed home.

The MX Select antimicrobial contoured handle offers surface protection against bacteria, mould & mildew, and other hazardous microbes.

One pair of MX85 Dumbbells replaces a 10-pair dumbbell set, taking up only one-tenth of the space. Safe, convenient, accurate and space-efficient, the MX85 Rapid Change Dumbbell System is a perfect addition to any home workout area.

The optional MX Dumbbell Stand elevates the Dumbbells to provide the sleek look of a professional training studio.

There is also an optional MX Select Adjustable Training Bench to further enhance your training space.



MX85 - MIN Weight 12.5 lb / 5.6 kg

Weight Legend

MX85 - MAX Weight 85 lb / 38.6 kg



MX85 WEIGHT LEGEND			
NO.	LBS.		NO. KGS.
1	12.5	<b>CAUTION</b> DO NOT DROP! DAMAGE MAY RESULT TO HANDLE COMPONENTS AND WILL VOID WARRANTY. SELECTOR DIAL MUST BE PUSHED IN TO LOCK WEIGHT IN PLACE BEFORE LIFTING. www.MXSelect.com	1 5.6
2	21		2 9.5
3	29		3 13.5
4	37		4 16.8
5	45		5 20.4
6	53		6 24.1
7	61		7 27.7
8	69		8 31.3
9	77		9 34.9
10	85		10 38.6



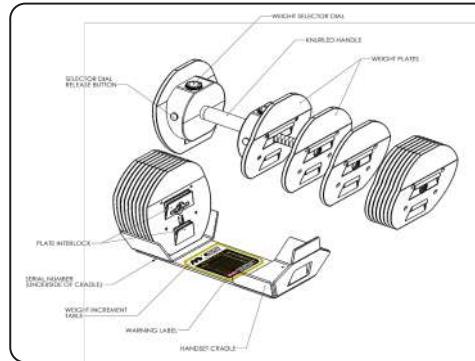
\* Antimicrobial properties built-in to the contoured dumbbell grip offer surface protection against bacteria, mould & mildew and other hazardous microbes.

## SPECIFICATIONS & DIMENSIONS

<b>DUMBBELL SYSTEM WEIGHT RANGE</b>	+ 12.5-85 lbs in 8 lb increments	+ 5.6-38.6 kg in 3.6 kg increments
<b>DUMBBELL LENGTH - MINIMUM WEIGHT</b>	+ 9.58" - MIN 12.5 lbs	+ 24.3cm - MIN 5.6 kg
<b>DUMBBELL LENGTH - MAXIMUM WEIGHT</b>	+ 16.06" - MAX 85 lbs	+ 40.8cm - MAX 38.6 kg
<b>HANDLE DIMENSIONS</b>	+ Grip Length 5.31" 13.5 cm	+ Grip Diameter 1.29" 3.27 cm
<b>FOOTPRINT - PAIR OF DUMBBELL</b>	+ 16.45" L x 19.52" W x 9.85" H	+ 41.8 cm L x 49.6 cm W x 25.0 cm H
<b>TOTAL WEIGHT - PAIR OF DUMBBELL</b>	+ 178 lbs	+ 80.7 kg

## MATERIALS

<b>DUMBBELL BODY</b>	+ Steel
<b>DUMBBELL GRIP</b>	+ Antimicrobial Contoured Grips
<b>WEIGHT PLATES</b>	+ Steel Coated in Polyanide Nylon
<b>HANDSET MECHANISM</b>	+ Steel and ABS
<b>WEIGHT RACK &amp; CRADLE</b>	+ Powder Coated Steel



## OPTIONAL - MX DUMBBELL STAND



## OPTIONAL - MX BARBELL SYSTEM



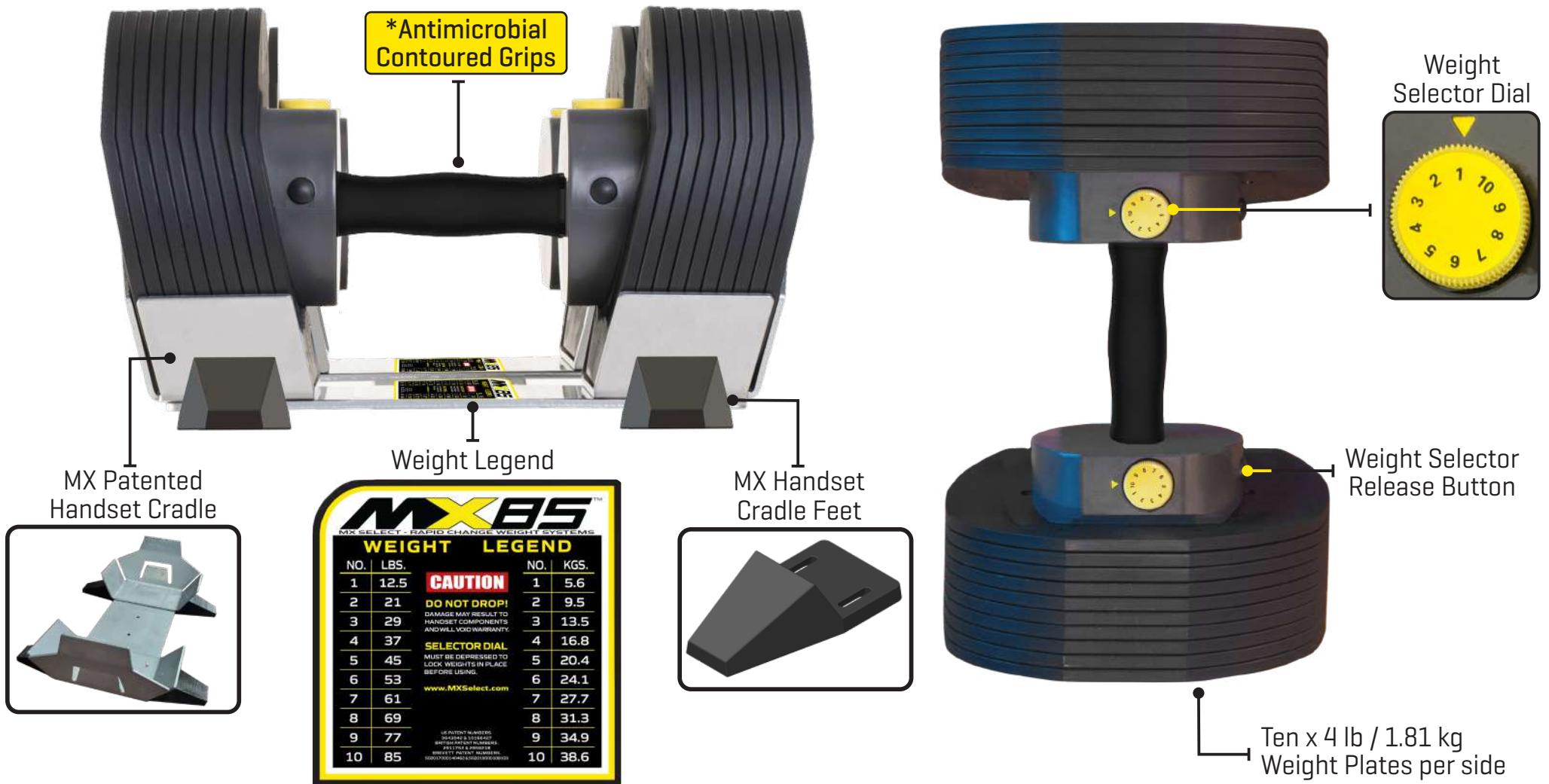
## OPTIONAL - MX SELECT ADJUSTABLE TRAINING BENCH



## MX85 DUMBBELLS

Box per Unit	Length mm	Width mm	Height mm	Nett Kg	Gross Kg	Cubic Meters	Length Inches	Width Inches	Height Inches	Nett Lb	Gross Lb	Cubic Foot
BOX 1	500	380	380	77.1	80.7	0.078	19.7	14.9	14.9	170	178	1.89
BOX 2												





**MX85**  
MX SELECT - RAPID CHANGE WEIGHT SYSTEMS

**WEIGHT LEGEND**

NO.	LBS.	NO.	KGS.
1	12.5	1	5.6
2	21	2	9.5
3	29	3	13.5
4	37	4	16.8
5	45	5	20.4
6	53	6	24.1
7	61	7	27.7
8	69	8	31.3
9	77	9	34.9
10	85	10	38.6

**CAUTION**  
DO NOT DROP!  
DAMAGE MAY RESULT TO  
HANDSET COMPONENTS  
AND WILL VOID WARRANTY.

**SELECTOR DIAL**  
MUST BE DEPRESSED TO  
LOCK WEIGHTS IN PLACE  
BEFORE USING.

www.MXSelect.com

USE PATENT NUMBERED  
WEIGHTS & LOCKERS  
REGISTERED TRADEMARK  
PRINTED & PRODUCED IN  
THE U.S.A. PATENT NUMBER  
5,000,700-4442 & 5,000,800-0003

\* Antimicrobial properties built-in to the contoured dumbbell grip offer surface protection against bacteria, mould & mildew and other hazardous microbes.